



St Mark's C of E Junior School
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Headteacher: Mrs A Fitch

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Growing together, becoming all we are created to be

Tuesday 30th June 2026

Relationships and Sex Education (RSE) Teaching & Learning

Dear Parents,

We are writing to inform you that, as part of your child's learning this term, they will be taught the sex education element of our Relationships and Sex Education (RSE) curriculum in an age-appropriate way.

At St Mark's C of E Junior School, we are committed to supporting pupils' personal development, health and wellbeing through a comprehensive programme of Personal, Social, Health and Economic (PSHE) education. This programme equips children with the knowledge, understanding and skills they need to lead safe, healthy and fulfilling lives, both now and in the future.

In line with Department for Education (DfE) statutory guidance, Relationships Education is compulsory for all primary-aged pupils. While sex education is not statutory at primary level, the DfE strongly recommends that all primary schools provide a carefully planned and age-appropriate programme. This helps ensure that children are well prepared for the physical and emotional changes they will experience as they grow and enter adolescence.

Our teaching is always delivered sensitively and in a way that is appropriate to the age and maturity of the children. For further information about our PSHE and RSE curriculum, including lesson overviews, please visit our website or refer to the materials shared for your child's year group.

If you have any questions, please do not hesitate to speak to your child's class teacher after school or contact the school office via email.

Best wishes,

A handwritten signature in black ink, appearing to read 'A Fitch'.

Mrs A Fitch
Headteacher

