

## Understanding the impacts of smartphones on Cheltenham's children

**FREE EVENT** open to all interested parents/carers and educators  
**Tuesday 23<sup>rd</sup> September, 7.00pm, Cheltenham Bournside School**

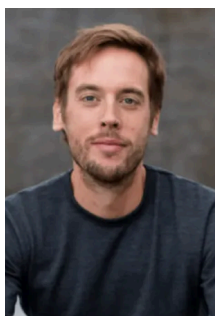
- Welcome and creating change in Cheltenham - Steve Jefferies
- The link between smartphones and mental health - Dr Susie Davies
- Smartphone Free Childhood - Joe Ryrie
- Member of Parliament for Cheltenham - Max Wilkinson MP
- Research into young people's smartphone use - Dr Paul Redford and Dr Ben Knight
- Q&A session



**Steve Jefferies** is headteacher at Cheltenham Bournside School. With 15 years of experience in Senior Leadership, Bournside is his second headship. As a parent and educator, he is passionate about ensuring childhood is full of enriching, character building real world experiences.



**Dr Susie Davies** is a Bristol-based GP with a special interest in adolescent mental health. She is the founder and CEO of PAPA YA and is passionate about improving mental health outcomes for today's adolescents. She is the author of *The Healthy Selfie*, a book for teenagers to help them thrive in the digital age.



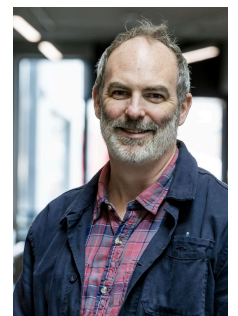
**Joe Ryrie** is Co-founder of Smartphone Free Childhood. Joe leads the team, driving their strategy, campaigning and organising.



**Max Wilkinson MP** is campaigning for a safer internet and has recently created a survey 'Raising Kids in the Digital Age: Have Your Say.' The Liberal Democrats want to hear from you— what challenges do you face, and what changes would you support?



**Dr Paul Redford** is an Associate Professor, Chartered Psychologist (BPS), and Senior Fellow of the Higher Education Academy (SFHEA). He specialises in the enablers of positive learning, with a focus on engagement, creativity, confidence, and well-being.



**Dr Ben Knight** is a researcher and educator at UWE. A Senior Fellow of the Higher Education Academy, Dr Knight also consults on complexity in education, leadership mindsets, and teacher professional judgement.



**CHELTENHAM  
BOURNSIDE  
SCHOOL**

### Book your free ticket:



Cheltenham Bournside School, Warden Hill Road, GL51 3EF